Help for Your Family



# Central Family Hubs February - March Timetable 2024 (19th February-28th March)

Discover the sessions, activities, support and events taking place this Winter for families of children aged 0-5 and beyond!

## Join us at:

Central Family Hub Balby Family Hub Wheatley Family Hub







#### Proudly supporting families in Central Doncaster including: Balby • City Centre • Cantley • Wheatley Hexthorpe • Bessacarr • Intake

www.yourlifedoncaster.co.uk/family-hubs

#### Other community venues we deliver at:

Central

Family

HJB's

**St Catherine's House** Woodfield Park, Tickhill Road, Balby, DN4 8QP

Balby Library High Road, Balby, DN4 OPL

Alder Grove, Balby, DN4 8RF

Danum Gallery, Library and Museum Waterdale, Doncaster, DNI 3BZ

The King's Cross Church Urban Rd, Hexthorpe, DN4 0EP

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Intake Library Montrose Ave, Intake, DN2 6PL

**Hawthorn Primary School** Elmham Road, Cantley, DN4 6LQ

Cantley Community Centre

136 Goodison Boulevard Cantley, DN4 6DF

We can't wait to see you!



#### First Friends (birth to crawling)

Come and play together within a safe, informative and stimulating environment, which is welcoming and supportive to all. Health and development advice from a Nursery Nurse.



#### 😫 Busy Babies (crawling to walking)

Join us for our Busy Babies session, where you and your mobile baby can explore our environment. It includes sensory and messy play, music and instruments, physical toys and games, books, stories and singing and soft play. This is a good follow on session from First Friends.

#### Toddler Time (from walking onwards)

This session offers a welcoming and supportive environment and is a useful step towards getting your child ready for nursery. A snack is provided so children can sit and enjoy a healthy snack and drink together.

#### Nature Explorers (18 months+)

An interactive session exploring the outdoors. This session includes a range of different nature activities, including nature hunts, using tools, den making and leaf mark making.

#### 🔓 Little Buds (18 months+) (booking required)



Mini gardening group which includes activities such as bug hunts, mud kitchen, planting and weeding, artwork and fruit tasting.

#### Baby Fun (birth to crawling)

Come and play together within a safe, informative and stimulating environment, which is welcoming and supportive to all.

#### Wriggle, Rhyme & Storytime (0-5)

Now in a community Library near you!

Enjoy our fun and interactive session where children can explore music, rhymes and stories with their parent/carer using props and sensory resources.

#### Stay & Play (0-5)

Our Stay and Play session offers a fun session for you and your child to play and learn new skills with a range of fun filled activities, that includes sensory, outdoor, messy play, music and instruments, physical toys and games, books and stories, singing and snack time.

#### 🎽 Jumping Tots (0-5)

A fun music and movement group which promotes a healthy lifestyle, including song time with music and instruments, physical play activities such as slides, balancing beams and trampolines to develop motor skills.

#### Pre-school Hearing Impairment Group (PHIG) (invite only)

A dedicated session run by the Doncaster Hearing Impairment (HI) Service for preschoolers diagnosed with a hearing loss. This session involves activities, signing and singing. Parents/Carers of HI children have the opportunity to chat with one another and get support from staff regarding any hearingrelated issues.













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<b>HUD</b> s	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Balby	Stay & Play 10:00am-11:30am	First Friends 10:00am-11:30am	Breast Start 9:30am-11:00am	Toddler Time 9:30am-11:00am Busy Babies 1:30pm-3:00pm	
Central	Toddler Time 9:30am-11:00am Busy Babies 1:00pm-2:30pm	Stay & Play 1:30pm-3:00pm	First Friends 10:00am-11:30am		Childminder Drop-in 9:30am-11:30am Young Parents Group 1:00pm-2:30pm
Wheatley	First Friends 10:00am-11:30am Busy Babies 1:30pm-3:00pm	Childminder Drop-in 9:30am-11:30am Wriggle, Rhyme & Storytime 1:30pm-2:30pm	Stay & Play 9:30am-11:00am	Toddler Time 1:00pm-2:30pm Pre-school Hearing Impairment Group 1:00pm-2:30pm (invite only)	Nature Explorers 1:30pm-3:00pm
Other venues		Little Buds 10:00am-11:30am St Catherine's House, Woodfield Park, Tickhill Road, Balby, DN4 8QP (booking required) Wriggle, Rhyme & Storytime 10:15am-11:15am	Wriggle, Rhyme & Storytime 10:00am-11:00am Balby Library, High Road, Balby, DN4 OPL	Wriggle, Rhyme & Storytime 10:30am-11:30am Intake Library, Montrose Avenue, Intake, DN2 6PL Jumping Tots 1:30pm-2:30pm The King's Cross Church,	Wriggle, Rhyme & Storytime 10:15am-11:15am Danum Gallery, Library & Museum, Waterdale, Doncaster, DNI 3BZ Jumping Tots 10:00am-11:00am Alder Grove Church Hall,
		Danum Gallery, Library & Museum, Waterdale, Doncaster, DNI 3BZ Baby Fun 10:15am-11:45am Hawthorn Primary School, Elmham Road, Cantley, DN4 6LQ (term time only)		Urban Road, Hexthorpe, DN4 0EP	Alder Grove, Balby, DN4 8RF Baby Fun 10:30am-12:00noon Cantley Community Centre, 136 Goodison Boulevard, Cantley, DN4 6DF



#### 😤 Young Parents Group

#### (All young parents aged 16-25 & their children)

Come along and join us for our young parents session, where you and your child can explore our welcoming environment. The session includes sensory and messy play, music and instruments, physical toys and games, books, stories and singing and soft play for your child to explore and meet new friends.

#### Breast Start

A friendly and relaxed environment that gives an opportunity to meet other mums, share experiences and build your confidence to breastfeed with support from peer supporters and a trained health care professional. **No need to book, just come along**.

#### Childminder Drop-in Sessions

Run by Ofsted Registered Childminders for the children they care for to play in a stimulating, safe and fun environment. This group also provides the opportunity for networking between Childminders.

#### Other Services and Support

You can also access information and support around **volunteering**, **counselling services**, how to join our parent groups or become a **parent champion**, access **wider feeding support** and much more. Call into your local Family Hub and speak to a member of staff, or search for your local Family Hub on Facebook for all the latest updates and don't forget to follow us!



Central

### Central Family Hub

Welcome Way Doncaster, DN1 3LE 01302 737995

### Wheatley Family Hub

Old School Way off Beckett Road, Wheatley, Doncaster, DN2 4AJ 01302 737790

#### **Balby Family Hub**

1 Sandycroft Crescent Balby, Doncaster DN4 0TY 01302 736880

Become a member at your local Family Hub!

For more information, visit: WWW.YOURLIFEDONCASTER.CO.UK/FAMILY-HUBS